

**Kathryn and Derek  
31st October 2023  
LONE STAR BARBADOS**

*We all have our own definitions of what love is. For me Love is a precious state of being, a higher state of grace. Love can last a moment or it can last a lifetime. Ephemeral or eternal, love is caring, is giving, is needing, is wanting, is respect, is truth, is being unafraid to show your true self and willing to stand naked and bare. Love is being willing to die for the ones you love, to put them first in all things. Love comes and it goes, it ebbs and it flows but above all else in my mind love is simply feeling like i am, or want to be, a better man when i am in the presence of Kathryn. No words can ever thank you for believing in me all those years ago and i will forever be humble to be called your husband.*

