### Reading & Reflection

#### Ecclesiastes 3:1-8

For everything there is a season, and a time for every matter under heaven: a time to be born, and a time to die; a time to plant, and a time to pluck up what is planted; a time to kill, and a time to heal; a time to break down, and a time to build up; a time to weep, and a time to laugh; a time to mourn, and a time to dance; a time to throw away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing; a time to seek, and a time to lose; a time to keep, and a time to throw away; a time to tear, and a time to sew; a time to keep silence, and a time to speak; a time to love, and a time to hate; a time for war, and a time for peace.

# Hymn

The Lord's my Shepherd, I'll not want; he makes me down to lie in pastures green; he leadeth me the quiet waters by.

My soul he doth restore again, and me to walk doth make within the paths of righteousness, e'en for his own name's sake.

Yea, though I walk through death's dark vale, yet will I fear none ill; for thou art with me, and thy rod and staff me comfort still.

My table thou hast furnished in presence of my foes; my head thou dost with oil anoint, and my cup overflows.

Goodness and mercy all my life shall surely follow me; and in God's house for evermore my dwelling-place shall be.

#### **Prayers**

Our Father, who art in heaven,

Hallowed be thy Name.

Thy Kingdom come.

Thy will be done in earth, As it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

As we forgive them that trespass against us.

And lead us not into temptation,

But deliver us from evil.

For thine is the kingdom,

The power, and the glory,

For ever and ever. Amen.

# Hymn:

Dear Lord and Father of mankind,

forgive our foolish ways;

re-clothe us in our rightful mind, in purer lives thy service find,

in deeper reverence praise.

O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love!

Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace.

Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind, and fire,
O still small voice of calm.